

St. Ignatius & St. Johns Schools

Rogers City Area Schools are an equal opportunity employer.

Menu is subject to change without notice.

Breakfast Options	Monday
	Banana Bread, Yogurt & Scooby Snacks, Mini Bagels w/ Creamy Cheese Cinnamon Rice Chex Cereal Cinnamon Applesauce, Orange Smiles, Craisins 1% or Skim Milk
	Tuesday
	Egg, Sausage & Cheese Biscuit, Maple Waffle Mini Bites Cinnamon Rice Chex Cereal Yogurt & Scooby Snacks Turkey Sausage Link Raisins, Apple, Banana 1% or Skim Milk
	Wednesday
Mini Maple Pancakes w/ syrup French Toast Sticks w/ syrup Frosted Mini Wheat Cereal, Frosted Flakes String Cheese, Cinnamon Applesauce, Apple, Orange Juice 1% or Skim Milk	
Thursday	
Blueberry Muffin, Breakfast Rounds Yogurt & Scooby Doo Grahams, Craisins, Banana, Pear, Apple Juice 1% or Skim Milk	
Friday	
Apple Frudel, Chocolate Chip Oatmeal Bar Cinnamon Rice Chex Cereal w/ Scooby Snacks Cinnamon Toast Crunch Cereal w/ Grahams, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Slider w/ Power Slaw Carrot Coins, Broccoli Buds Diced Peaches, Apples Choice of Milk, Ranch Dressing	Oven Baked Chicken Drumsticks Tossed Salad, Mashed Potatoes Diced Pears, Apple Dinner Roll, Choice of Milk Ranch Dressing	Cheeseburger Meatloaf on a Bun Sweet Corn, Oven Fries Banana, Raisins Choice of Milk Ketchup, Ranch Dressing	Chicken Caesar Salad Celery Sticks, Sweet Potato Puffs Diced Pears, Apple Garlic Toast, Choice of Milk Ranch Dressing, Ketchup	Turkey Hot Dog on a Bun Baked Beans, Baby Carrots, Apple, Strawberry Cup, Choice of Milk, Fat Free Chocolate Milk, Ranch Dressing, Ketchup & Mustard

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger/Hamburger Celery Sticks, Oven Fries, Mixed Fruit, Apples, Choice of Milk, Ranch Dressing, Ketchup & Mustard	Chicken Tenders Sweet Potato Fries, Tossed salad, Diced Pears, Oranges, Dinner Roll, Choice of Milk, Ketchup & BBQ Sauce Cup	Tacos Refried Beans, Lettuce & Tomatoes, Red Grapes, Applesauce, Choice of Milk, Salsa	Penne Pasta w/ Meat Sauce Baby Carrots, Green Peas, Diced Peaches, Fresh Pear, Choice of Milk, Ranch Dressing	Cheese Pizza Tossed Salad, Cucumber Slices, Apple, Strawberry Cup, Choice of Milk, Ranch Dressing

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tortillas Onion & Peppers, Beans, Orange Smiles, Diced Pears, Choice of Milk, Mild Salsa	Pork Cutlet Sandwich Oven Fries, Green Beans, Fresh Pear, Pineapple Tidbits, Choice of Milk, Ketchup, BBQ Sauce	Sweet & Sour Chicken Baby Carrots, Steamed Broccoli, Craisins, Applesauce, Brown Rice, Choice of Milk, Ranch Dressing	Macaroni & Cheese Tossed Salad, Cauliflower Florets, Apple, Diced Peaches, Dinner Roll, Choice of Milk, Ranch Dressing	Chicken Patty Sandwich Sweet Potato Puffs, Lettuce & Tomatoes, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayonnaise

December

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
X	X	X	X	X

January

M	T	W	T	F
X	X	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

February

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28		

1% Unflavored or Flavored Milk served at lunches

Breakfast Requirements

Pick 1 Grain + 1 Fruit + Milk = A healthy reimbursable Breakfast

Lunch Requirements

A Fruit and a Vegetable are required for a healthy and nutritious lunch.

Pay Online for School Meals!

Pay online anytime using a debit or credit card and view your student's account at:

www.sendmoneytoschool.com



Breakfast Prices:	
St. Johns:	\$1.30
Reduced:	\$.30
Adult:	\$1.95
Lunch Prices:	
K-8:	\$2.25
Reduced:	\$.40
Adult:	\$3.75

Heathy & Nutritious

All grains are whole grain except for hot dog buns and pasta.